





Western Hills Retirement Village Glen Calendar March 2023

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	Calendar Subject to Change		1 9:30 Exercise – A 1:30 Ambassador Meeting - L 2:30 Stay Well Home Care Present Marching Forward - A	2 9:30 Exercise – A 2:30 Family Dice - A 	3 9:30 Exercise-A 10:00 Wii Bowling - A 2:00 Bingo - A 3:15 Happy Hour-A	4 9:30 Exercise-A 2:00 Bingo - A 
5 10:30 Mass – A  1:45 Movie	6 9:30 Exercise – A 10:00 Wii Bowling – A 2:00 Bingo - A 3:15 Happy Hour - A	7 9:30 Exercise – A 10:00 - 10:30 Blood Pressure Checks - L 10:15 – Manicures - A 2:30 Trip to Dollar Tree	8 9:30 Exercise – A 10:00 Wii Bowling – A  1:30 Ambassador Meeting - L 2:00 Movie and Popcorn - A	9 9:30 Exercise – A 10:30 Mass - A 2:30 Family Dice - A	10 9:30 Exercise-A 10:00 Wii Bowling - A 2:00 Bingo - A 3:15 Happy Hour-A	11 9:30 Exercise-A 2:00 Bingo - A
12 10:30 Mass - A Day Light Saving Time  1:45 Movie	13 9:30 Exercise – A 10:00 Wii Bowling – A 10:15 Manicures - A 2:00 Bingo – A 3:15 Happy Hour - A	14 9:30 Exercise-A 10:00 – 10:30 Blood Pressure Check – L 2:30 Trivia – A  3:30 Resident Council - A	15 9:30 Exercise – A 10:00 Wii Bowling – A 1:30 Ambassador Meeting - L 2:00 Movie and Popcorn - A Celebrating Alfred Hitchcock Day	16 9:30 Exercise – A 10:30 Lunch Out - Mariemont Inn 2:30 Family Dice - A 6:30 Story Telling w/ Maria - A	17 9:30 Exercise-A 10:00 Wii Bowling - A 1:30 Bingo - A Please Note Time Change 3:00 St Patrick's Happy Hour - A  St. Patrick's Day	18 9:30 Exercise-A  2:00 Bingo - A
19 10:30 Mass - A 1:45 Movie - A	20 9:30 Exercise – A 10:00 Wii Bowling – A NO BINGO 2:30 Spring Tea - A 	21 9:30 Exercise-A 10:00-10:30 Blood Pressure Check – L 10:15 Manicures - A 2:30 Horse Racing - A 	22 9:30 Exercise – A 10:00 Wii Bowling – A 1:30 Ambassador Meeting - L 2:30 Museum Center Heritage Program -The Rise of Public Schools	23 9:30 Exercise – A 2:30 Crafts - A	24 9:30 Exercise-A 10:00 Wii Bowling - A 2:00 Bingo 3:00 Birthday Happy Hour - A 	25 9:30 Exercise-A 2:00 Bingo - A
26 10:30 Mass – A 1:45 Movie - A	27 9:30 Exercise – A 10:00 Wii Bowling – A 2:00 Bingo - A 3:15 Happy Hour - A	28 9:30 Exercise – A 10:00 Blood Pressure Check – L 2:30 Trivia - A	29 9:30 Exercise – A 10:00 Wii Bowling – A 10:30 Lunch at Pepper Pod 1:30 Ambassador Meeting - L 2:00 Movie and Popcorn - A	30 9:30 Exercise – A  2:30 Opening Day Celebration - A	31 9:30 Exercise-A 10:00 Wii Bowling - A 2:00 Bingo - A 3:15 Happy Hour-A	





CARE CENTER CALENDAR March 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	CALENDAR IS SUBJECT TO CHANGE		1 10:30 Rosary 11:00 Card Shark Snack Cart 2:00 Exercise w/ Julie 3:00 Ice Cream Social	2 10:30 Coffee Clutch 11:00 Hangman Snack Cart 2:30 Ring Toss 3:30 Bingo	3 10:30 Cover All Snack Cart 2:30 Food Craft Buckeyes 3:30 Trivia	4 Morning Sing-a-Long Snack Cart Afternoon Activity Aides Choice
5 Morning Rosary Snack Cart Afternoon Finish Lines	6 10:30 Communion in Rooms 11:00 Table Top Bowling Snack Cart 2:30 Coloring Club 3:00 Bingo	7 10:30 Manicures 11:00 Sing-A-Long Snack Cart 2:30 Movie and Popcorn	8 10:30 Rosary 11:00 Card Shark Snack Cart 2:00 Exercise W/ Julie 3:00 Ice Cream Social	9 10:30 Coffee Clutch 11:00 Count the Words Snack Cart 2:30 Heads Up 3:30 Bingo	10 10:30 Cover All Snack Cart 2:30 Happy Hour Music w/ John Mann 3:30 Trivia <i>1:1 Visits w/ Bill Tonis</i>	11 Morning Sing-a-Long Snack Cart Afternoon Activity Aides Choice
12 Morning Rosary Snack Cart Afternoon Finish Lines	13 10:30 Communion in Rooms 11:00 Table Top Bowling Snack Cart 2:30 Heads Up 3:00 Bingo	14 10:30 Resident Council 11:00 Count the Words Snack Cart 2:30 Movie and Popcorn	15 10:30 Rosary 11:00 Card Shark Snack Cart 2:00 Exercise W/ Julie 3:00 Ice Cream Social	16 10:30 Coffee Clutch 11:00 Hangman Snack Cart 2:30 Life Stories 3:30 Bingo	17 10:30 Cover All Snack Cart 2:30 St Patrick's Happy Hour 3:30 Trivia	18 Morning Sing-a-Long Afternoon Activity Aides Choice
19 Morning Rosary Snack Cart Afternoon Finish Lines	20 10:30 Communion in Rooms 11:00 Table Top Bowling Snack Cart 2:30 Spring Tea Spring Begins	21 10:30 Manicures Snack Cart 2:30 Movie and Popcorn	22 10:30 Rosary 11:00 Card Shark Snack Cart 2:30 Exercise w/ Julie 3:00 Ice Cream Social	23 10:30 Coffee Clutch 11:00 Count the Words Snack Cart 2:30 Heads Up 3:30 Bingo	24 10:30 Cover All Snack Cart 2:30 Happy Hour 3:30 Trivia	25 Morning Sing-a-Long Afternoon Activity Aides Choice
26 Morning Rosary Snack Cart Afternoon Finish Lines	27 10:30 Communion in Rooms 11:00 Finish Lines Snack Cart 2:30 Heads Up 3:00 Bingo	28 10:30 Table Top Bowling 11:00 Hang Man Snack Cart 2:30 Movie and Popcorn	29 10:30 Rosary 11:00 Card Shark Snack Cart 2:00 Exercise W/ Julie 3:00 Ice Cream Social	30 10:30 Coffee Clutch 11:00 Count the Words Snack Cart 2:30 Opening Day Treats 3:30 Bingo	31 10:30 Cover All Snack Cart 2:30 Happy Hour 3:30 Trivia	



MARCH 2023 SHELTER POINT CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Daily</i></p> <p>9:00 Good Morning Chats</p> <p><i>Mail Delivery</i></p> <p>1:1 Throughout the day</p>	<p>Calendar Subject to Change</p>		<p>1</p> <p>9:30 Morning Stretch 10:00 Beauty Spot 10:30 Table Games 2:00 Sing-A-Long 3:30 Cover II <i>Peanut Butter Lover's Day</i></p>	<p>2</p> <p>9:30 Morning Stretch 10:00 Cover All 11:00 Rosary/Hymns 2:00 Wheel of Fortune 3:30 Ukulele Lady 6:30 Relaxing Rhythms</p>	<p>3</p> <p>9:30 Morning Stretch 10:00 Sing Along 11:00 Deal or No Deal 2:00 Happy Hour 3:30 Hand Massages 6:30 I Love Lucy</p>	<p>4</p> <p>10:00 Ball Toss 10:30 Bingo 1:30 Movie & Snacks 7:00 Lawrence Welk</p>
<p>5</p> <p>10:00 Music Playing 10:30 Rosary/Hymns 1:30 Movie & Snacks 4:00 Sing A Long 4:30 Hand Massages 6:30 Relaxing Rhythms</p>	<p>6</p> <p>9:30 Morning Stretch 10:00 Creative Corner 11:00 Hand Massages 2:00 Manicures 3:30 Prize Bingo <i>National Oreo Cookie Day</i></p>	<p>7</p> <p>9:30 Morning Stretch 10:00 Coffee Clutch 10:30 Trivia/Reminisce 2:00 Manicures & Massages 3:30 Wheel of Fortune 6:30 I Love Lucy</p>	<p>8</p> <p>9:30 Morning Stretch 10:00 Beauty Spot 10:30 Table Games 2:00 Sing Along 3:30 Cover All 6:30 Puzzles</p>	<p>9</p> <p>9:30 Morning Stretch 10:00 Coloring Club 2:30 Rosary & Hymns 3:30 Movie & Popcorn 4:30 Music & Memories <i>Popcorn Lover's Day</i></p>	<p>10</p> <p>9:30 Morning Stretch 10:00 Sing Along 11:00 Deal or No Deal 2:00 Happy Hour 3:30 Hand Massages 6:30 Table Games</p>	<p>11</p> <p>10:00 Ball Toss 10:30 Bingo 1:30 Movie & Snacks 7:00 Lawrence Welk</p>
<p>12</p> <p>10:00 Music Playing 10:30 Rosary/ Hymns 1:30 Movie & Snacks 4:00 Sing A Long 4:30 Hand Massages <i>Day Light Savings</i></p>	<p>13</p> <p>9:30 Morning Stretch 10:00 Creative Corner 11:00 Hand Massages 2:00 Prize Bingo 4:30 Reminisce 7:00 TV Game Shows</p>	<p>14</p> <p>9:30 Morning Stretch 10:00 Coffee Clutch 10:30 Trivia/Reminisce 2:00 Manicures & Massages 3:30 Wheel of Fortune <i>Potato Chip Day</i></p>	<p>15</p> <p>9:30 Morning Stretch 10:00 Beauty Spot 10:30 Table Games 2:00 Sing Along 3:30 Prize Bingo 6:30 Puzzles</p>	<p>16</p> <p>9:30 Morning Stretch 10:00 Wheel of Fortune 11:00 Rosary/Hymns 2:00 Movie & Popcorn 3:30 Music & Memories 6:30 Table Games</p>	<p>17</p> <p>8:00 Breakfast Outing 9:30 Morning Stretch 11:00 Deal or No Deal 2:00 Happy Hour 3:30 Music & Memories <i>St Patrick's Day</i></p>	<p>18</p> <p>10:00 Ball Toss 10:30 Bingo 1:30 Love Movie & Snacks 7:00 Lawrence Welk</p>
<p>19</p> <p>10:00 Music Playing 10:30 Rosary/Hymns 1:30 Movie & Snacks 4:00 Sing A Long 6:30 Relaxing Rhythms <i>Let's Laugh Day</i></p>	<p>20</p> <p>9:30 Morning Stretch 10:00 Creative Corner 11:00 Hand Massages 2:00 Prize Bingo 4:30 Reminisce 7:00 TV Game Shows</p>	<p>21</p> <p>9:30 Morning Stretch 10:00 Coffee Clutch 10:30 Trivia 2:00 Manicures & Massages 3:30 Name That Tune 6:30 I Love Lucy</p>	<p>22</p> <p>9:30 Morning Stretch 10:00 Beauty Spot 10:30 Table Games 2:00 Sing Along 3:30 Prize Bingo 6:30 Puzzles</p>	<p>23</p> <p>9:30 Morning Stretch 10:00 Wheel of Fortune 2:00 Mystery Bus Ride 4:30 Music & Memories 6:30 Relaxing Rhythms</p>	<p>24</p> <p>9:30 Morning Stretch 10:00 Sing Along 11:00 Deal or No Deal 2:00 Happy Hour 3:30 Music & Memories <i>Cheese Cake Day</i></p>	<p>25</p> <p>10:00 Ball Toss 10:30 Bingo 1:30 Movie & Snack 7:00 Lawrence Welk</p>
<p>26</p> <p>10:00 Music Playing 10:30 Rosary /Hymns 1:30 Movie & Snacks 4:00 Sing A Long 6:30 Relaxing Rhythms</p>	<p>27</p> <p>9:30 Morning Stretch 10:00 Creative Corner 2:00 Prize Bingo 3:00 Reminisce 7:00 TV-Game Shows</p>	<p>28</p> <p>9:30 Morning Stretch 10:00 Coffee Clutch 10:30 Trivia/Reminisce 2:00 Manicures & Massages 4:30 Memories & Music 6:30 I Love Lucy</p>	<p>29</p> <p>9:30 Morning Stretch 10:00 Beauty Spot 10:30 Table Games 2:00 Sing Along 3:30 Cover All <i>Vietnam Veterans Day</i></p>	<p>30</p> <p>9:30 Morning Stretch 10:00 Wheel of Fortune 11:00 Rosary/Hymns 2:00 Movie & Popcorn 3:30 Music & Memories 6:30 Table Games</p>	<p>31</p> <p>9:30 Morning Stretch 10:00 Sing Along 11:00 Deal or No Deal 2:00 Happy Hour 3:30 Hand Massages 6:30 Table Games</p>	

Activity supplies are on hand for our night owls and early risers to enjoy with night shift staff!

