



















Western Hills Retirement Village Independent



March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CALENDAR IS SUBJECT TO CHANGE					<p>9:30 Exercise (A) 10:00 Wii Bowling (A) 2:00 Bingo (A) 3:15 Happy Hour (A)</p> 	<p>9:30 Exercise (A) 2:00 Bingo (A)</p>
<p>10:30 Mass (A) </p> <p>1:45 Movie (A)</p>	<p>9:30 Exercise (A) 10:00 Wii Bowling (A) 10:00 Kroger Trip</p>  <p>2:00 Bingo (A) 3:15 Happy Hour (A)</p>	<p>9:30 Exercise (A) </p> <p>10:00 Blood Pressure Check by Stay Well (L)</p> <p>11:00 Lunch Out – Cheddars (Northgate)</p> <p>2:00 Movie & Popcorn (A)</p>	<p>9:30 Exercise (A) 10:00 Wii Bowling (A) 10:30 Manicures (A) 1:30 Ambassador Meeting (L) 2:30 Stay Well Presentation: Healthy Eating (A)</p> 	<p>9:30 Exercise (A) 10:30 Communion Service (A) 2:00 Rosary (A) 2:30 Horse Racing with Sandra</p> 	<p>9:30 Exercise (A) 10:00 Wii Bowling (A) 2:00 Bingo (A) 3:15 Happy Hour (A)</p>	<p>9:30 Exercise (A) 2:00 Bingo(A)</p>
<p>10:30 Mass (A)</p> <p>1:45 Movie (A)</p>	<p>9:30 Exercise (A) 10:00 Wii Bowling (A)</p>  <p>10:00 Kroger Trip 2:00 Bingo(A) 3:15 Happy Hour (A)</p>	<p>9:30 Exercise (A) 10:00 Blood Pressure Check by Stay Well (L) 11:00 Mr. Yip's 2:00 Movie & Popcorn</p>	<p>9:30 Exercise (A) 10:00 Wii Bowling (A) 2:30 Museum Center Presents: Women of Cincinnati (A)</p> 	<p>9:30 Exercise (A) 10:30 Communion Service (A) 2:00 Rosary (A) 2:30 Spring Tea (A) Music by Maribeth Samya</p> 	<p>9:30 Exercise (A)</p> <p>10:00 Wii Bowling (A) 2:00 Bingo (A) 3:15 Happy Hour (A)</p> 	<p>9:30 Exercise (A) 2:00 Bingo (A)</p>
<p>10:30 Mass (A) Sunday Bunch (DR) Residents Only 1:45 Movie (A)</p>  <p>St Patrick's Day</p>	<p>9:30 Exercise (A) 10:00 Wii Bowling (A) 10:00 Kroger Trip 2:30 St Patrick's Happy Hour Music by the Merri Moore's (No Bingo)</p>	<p>9:30 Exercise (A) 10:00 Blood Pressure Check by Stay Well (L) 11:00 Lunch Out - Ford Garage 2:30 Cover All (L)</p>  <p>3:30 Resident Council (A)</p>	<p>9:30 Exercise (A) 10:00 Wii Bowling (A) 10:30 Manicures (A) 1:30 Ambassador Meeting (L) 2:30 Crafts w/ Gina (A)</p>	<p>9:30 Exercise (A) 10:30 Communion Service (A) 1:00 Wii Bowler at The Lodge 2:00 Rosary (A)</p>	<p>9:30 Exercise (A) 10:00 Wii Bowling (A) 1:30 Bingo (A) 3:00 Birthday Celebration</p>  <p>Happy Hour (A) Music by John Simpson</p>	<p>9:30 Exercise (A) 2:00 Bingo (A)</p>
<p>Palm Sunday</p> <p>9:30 Exercise (A) 2:00 Bingo (A) 10:30 Mass (A)</p> <p>1:45 Movie (A)</p>	<p>9:30 Exercise (A) 10:00 Wii Bowling (A) 10:00 Kroger Trip 2:00 Bingo (A) 3:15 Happy Hour (A)</p>	<p>9:30 Exercise (A) 10:00 Blood Pressure Check by Stay Well (L) 11:00 Lunch Out - Sugar & Spice (Reading Rd) 2:00 Movie & Popcorn (A)</p>	<p>9:30 Exercise (A) 10:00 Wii Bowling (A) 2:30 Creating w/ Stay Well (A)</p> 	<p>9:30 Exercise (A) 10:30 Mass (A) 2:00 Rosary (A) 2:00 Trip to Meijer's</p> <p>Holy Thursday</p> 	<p>9:30 Exercise (A) 10:00 Wii Bowling (A) 2:00 Movie The Robe</p>  <p>No Bingo or Happy Hour Good Friday</p>	<p>9:30 Exercise (A) 2:00 Bingo (A)</p>
<p>Easter</p> <p>Same activities as above</p>						

March 2024



SHELTER POINT CALENDAR

- SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Calendar Subject to Change	<u>Daily:</u> 9:00 Good Morning Chats Mail Delivery 1:1's Throughout Day				1 Morning Morning Stretches Reminiscing Bucket Afternoon Happy Hour Evening Hand Massages	2 Morning Morning Stretches Bingo Afternoon Movie & Snacks Evening Lawrence Welk
3 Morning Rosary/Hymns Afternoon Bingo Evening Hand Massages	4 Morning Morning Stretches Beauty Spot Afternoon Trivia Bingo Evening TV Game Shows	5 Morning Morning Stretches Coffee Clutch Afternoon Finish Lines Evenings I Love Lucy	6 Morning Morning Stretches Sing—Long Afternoon Music w/ Ukulele Lady Evenings Golden Girls	7 Morning Morning Stretches Tabletop Bowling Afternoon Movie & Popcorn Evening TV Games Shows	8 Morning Morning Stretches Reminiscing Bucket Afternoon Happy Hour Evening Hand Massages	9 Morning Morning Stretches Bingo Afternoon Movie & Snacks Evening Lawrence Welk
10 Morning Rosary/Hymns Afternoon Bingo Evening Hand Massages	11 Morning Morning Stretches Beauty Spot Afternoon Trivia Bingo After Dinner TV Game Shows	12 Morning Coffee Clutch Trivia Afternoon Finish Lines Evenings I Love Lucy	13 Morning Morning Stretches Sing—Long Afternoon Craft Corner Evenings Golden Girls	14 Morning Morning Stretches Tabletop Bowling Afternoon Movie and Popcorn Evening TV Games Shows	15 Morning Morning Stretches Reminiscing Bucket Afternoon Happy Hour Evening Hand Massages	16 Morning Morning Stretches Bingo Afternoon Evening Lawrence Welk
17 Morning Rosary/Hymns Afternoon Bingo Evening Hand Massages	18 Morning Morning Stretches Beauty Spot Afternoon Trivia St. Patrick's Day Celebration Evening TV Game Shows	19 Morning Coffee Clutch Trivia Afternoon Finish Lines Evenings I Love Lucy	20 Morning Morning Stretches Sing—Long Afternoon Evenings Golden Girls	21 Morning Morning Stretches Tabletop Bowling Afternoon Movie and Popcorn Evening TV Games Shows	22 Morning Morning Stretches Reminiscing Bucket Afternoon Happy Hour Evening Hand Massages	23 Morning Morning Stretches Bingo Afternoon Evening Lawrence Welk
24 Morning Rosary/Hymns Afternoon Bingo Evening Hand Massages <hr/> Same as above Easter 31	25 Morning Morning Stretches Beauty Spot Afternoon Trivia Bingo After Dinner TV Game Shows	26 Morning Coffee Clutch Trivia Afternoon Finish Lines Evenings I Love Lucy	27 Morning Morning Stretches Conversation Ball Afternoon Craft Corner Evenings Golden Girls	28 Morning Morning Stretches Tabletop Bowling Afternoon Movie and Popcorn Evening TV Games Shows	29 Morning Morning Stretches Reminiscing Bucket Afternoon Happy Hour Evening Hand Massages Good Friday	30 Morning Morning Stretches Bingo Afternoon Evening Lawrence Welk

March 2024

















SHELTER POINT CALENDAR

					Good Friday	
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Activity supplies are on hand for our night owls and early risers to enjoy with night shift staff

Western Hills Retirement

Care Center March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pet Visits when available *** Snack Cart Everyday @ 1:30 *** Activity Cart every Tuesday & Friday@11:00	CALENDAR IS SUBJECT TO CHANGE				10:30 Table Top Bowling Activity Cart 2:30 Happy Hour 3:30 Finish Lines	2 Morning Activity Aide's choice Afternoon Snack Cart Sing-a-Long
3 Morning  Rosary Afternoon Snack Cart Hymns & Inspiring stories	4 10:30 Communion in Rooms 11:00Manicures Snack Cart 2:30 Name That Tune 3:30 Bingo	5 10:30 Music Bingo  Activity Cart 2:30 Movie	6 10:30 Mass 11:00 Hangman Snack Cart 2:30 Stretches w/ Kristin 3:30 Ice Cream Social /Reminiscing Bucket 	7 10:30 Coffee Clutch  11:00 Heads Up Activity Cart 2:30 Trivia 3:30 Bingo 6:30 Bingo	8 10:30 Cover All Activity Cart 2:30 Birthday Celebration w/ Music by John Simpson 	9 Morning Activity Aide's Choice Snack Cart Afternoon Sing-a-Longs
10 Morning 2 nd Rosary Afternoon Snack Cart 1 st Hymns & Inspiring Stories	11 10:30 Communion in Rooms 11:00 Crafts  Snack Cart 2:30 Conversation Ball 3:30 Bingo	12 10:30 Resident Council 11:00 Trivia Activity Cart 2:30 Movie	13 10:30 Mass 11:00 What's in a Word Snack Cart 2:30 Stretches w/ Kristin 3:30 Ice Cream Social / Twenty One	14 10:30 Coffee Clutch 11:00 Hangman Activity Cart 2:30 Trivia 3:30 Bingo 6:30 Bingo	15 10:30 Table Top Bowling Activity Cart 2:30 Happy Hour 3:30 Music Bingo 2:30 Bill Tonnis	16 Morning Activity Aide's choice Snack Cart  afternoon Sing-a-Long
17 Morning Rosary Afternoon Snack Cart 1 st Hymns & Inspiring Stories	18 10:30 Communion in Rooms 11:00 Manicures Snack Cart 2:30 St. Patrick's Day Celebration 3:30 Bingo	19 10:30 Music Bingo Activity Cart 2:30 Movie 	20 10:30 Mass  11:00 Hangman Snack Cart 2:30 Stretches w/ Kristin 3:30 Ice Cream Social/Reminiscing Bucket	21 10:30 Coffee Clutch 11:00 Noodle Ball Activity Cart 2:30 Trivia  3:30 Bingo 6:30 Bingo	22 10:30 Cover All Activity Cart 2:30 Dye Easter Eggs 	23 Morning Activity Aide's choice Snack Cart Afternoon Sing-a-Long
24 Morning Rosary Afternoon Snack Cart Hymns & Inspiring Stories Easter	25 10:30 Communion in Rooms 11:00 Crafts Snack Cart 2:30 Noodle Ball 3:30 Bingo 	26 10:30 Music Bingo Activity Cart 2:30 Movie	27 10:30 Mass 11:00 What's in a Word Snack Cart 2:30 Stretches w/ Kristin 3:30 Ice Cream Social/ Twenty One	28 10:30 Coffee Clutch 11:00 Hangman Activity Cart 2:30 Trivia 3:30 Bingo 6:30 Bingo	29 10:30 Table Top Bowling Activity Cart 2:30 Happy Hour 3:30 Finish Lines	30 Morning Activity Aide's choice Snack Cart Afternoon Sing-a-Long
31						