

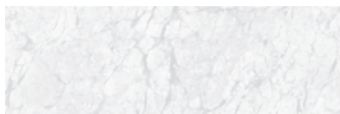
Lodge Care News

Volume XXIII Number XII

December 2022



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From Us To You

By Dusty Kallembach

It's Christmas time,
And I wish you well.
May the Lord bless you
With the best of health.

I hope the stockings are hung
And you're filled with wonder.
There are so many surprises
For you to ponder.

May your children be merry
When Santa brings toys.
Some for the girls
And some for the boys.

I pray you have food
And plenty to eat:
Turkey and gravy
And lots of sweets.

I hope your family's there,
Friends and neighbors, too.
So merry Christmas
From all of us to all of you.

Menus are passed out on Mondays to the resident's room. Please have them filled out and returned to the Dietary Department by the end of the day on Wednesday.

The Lodge

NURSING & REHAB CENTER
CARING PLACE HEALTHCARE GROUP

Lodge Care News is published monthly by The Lodge Nursing & Rehab Center, 9370 Union Cemetery Road, Loveland, OH 45140. 513/677-4900.





Around the Lodge:

Lodge Buzz

Winter has officially arrived but the cold weather will not stop most people from enjoying the holidays with family and friends. Some of our favorite activities at this time of year: gathering with family and friends for traditional holiday celebrations, eating our favorite foods like turkey dinners and homemade cookies and desserts, watching Christmas movies and sipping hot chocolate, decorating our houses with candles and Christmas trees and of course, opening presents. Christmas and holiday music can be heard on the radio and in stores after Halloween but here is a fun fact about these tunes: the first Christmas song played in space was Jingle Bells by the crew of NASA's Gemini 6A space flight on Dec. 16, 1965.

Here at the Lodge, the residents always have a good time reminiscing about their favorite holiday traditions. Many remember helping to bake and cook those delicious holiday meals and gathering with family and friends.

The Lodge will be decorated with beautiful trees and wreaths and lights for all to enjoy. We will host several parties including Christmas Eve and New Year's Eve. We wish all residents, family and friends, and staff a very merry Christmas and a happy New Year!

Enjoy this easy breakfast bake recipe below.

Cheesy Sausage-Potato Egg Bake

Oh-so savory and oh-so simple, this bake is a surefire crowd pleaser.

Prep: 20 min; Cook: 50 min; Total: 1 hr 10 min Serves: 10

- 2 Tbsp. olive oil
- 1 lb. ground turkey sausage
- 8 eggs, beaten
- $\frac{2}{3}$ cup milk
- $1\frac{1}{2}$ cups frozen potatoes o'brien mix
- $\frac{1}{4}$ tsp. garlic powder
- $1\frac{1}{2}$ tsp. seasoned salt
- $\frac{1}{2}$ tsp. pepper
- 1 tsp. hot sauce
- 2 cups sharp cheddar cheese, divided

1. Preheat oven to 350°F. Grease 9x13-inch baking dish with nonstick cooking spray.
2. Heat medium skillet over medium-high heat. Add oil and sausage, brown 8-10 minutes.
3. In mixing bowl, combine eggs, milk, potato mix, sausage, garlic powder, seasoned salt, pepper, hot sauce and 1 cup cheese. Pour into baking dish. Top with remaining 1 cup cheese. (Recipe can be made ahead up until this point.)
4. Bake 40 minutes (safe internal temp 160°F). Let rest 10 minutes before serving. Refrigerate any leftovers.

Per Serving: 280 Cal; 19g Tot Fat; 7g Sat Fat; 0g Trans Fat; 215mg Cholesterol; 790mg Sodium; 6g Carb; 1g Fiber; 1g Sugar; 10g Protein



2022 SCHEDULE



PRESEASON

1	FRI	AUG. 12	ARIZONA	7:30 PM
2	SUN	AUG. 21	@ NY GIANTS	7:00 PM
3	SAT	AUG. 27	LA RAMS	6:00 PM

REGULAR SEASON

1	SUN	SEP. 11	PITTSBURGH	1:00 PM
2	SUN	SEP. 18	@ DALLAS	4:25 PM
3	SUN	SEP. 25	@ NY JETS	1:00 PM
4	THUR	SEP. 29	MIAMI*	8:15 PM
5	SUN	OCT. 9	@ BALTIMORE*	8:20 PM
6	SUN	OCT. 16	@ NEW ORLEANS	1:00 PM
7	SUN	OCT. 23	ATLANTA	1:00 PM
8	MON	OCT. 31	@ CLEVELAND*	8:15 PM
9	SUN	NOV. 6	CAROLINA	1:00 PM
10	-----	-----	BYE WEEK	-----
11	SUN	NOV. 20	@ PITTSBURGH*	8:20 PM
12	SUN	NOV. 27	@ TENNESSEE	1:00 PM
13	SUN	DEC. 4	KANSAS CITY	4:25 PM
14	SUN	DEC. 11	CLEVELAND	1:00 PM
15	SUN	DEC. 18	@ TAMPA BAY	4:25 PM
16	SAT	DEC. 24	@ NEW ENGLAND	1:00 PM
17	MON	JAN. 2	BUFFALO*	8:30 PM
18	SUN	JAN. 8	BALTIMORE	TBD

ALL TIMES EASTERN | DATES & TIMES SUBJECT TO CHANGE | *INDICATES PRIMETIME GAME

From the Administrator

A Nurse's Note:

From the Administrator



I'm amazed at how quickly the year has passed – it's hard to believe it's December!

I hope everyone has a Happy and Healthy holiday season!

Something to remember this Season:

Measure wealth not by the things you have, but by the things you have for which you would not take money.

We will continue to offer the new Pfizer and Moderna vaccines on a weekly basis.

Judy Tracey, R.N., LNHA
Administrator



Thought for the Month:

Maybe Christmas, he thought, doesn't come from a store.

Maybe Christmas ...

Perhaps ...

Means a little bit more!

– Dr. Seuss. How The Grinch Stole Christmas.

From the Director of Nursing



Happy Holiday Season to All!

Not sure where this year has gone, but here we are. Wasn't the Superbowl just last week? And hopefully next month we will be talking playoffs and potential Superbowl return!

I have not gotten out lately to try new restaurants, so this month's newsletter will be boring. Instead, I will mention with the holidays, and it being germ season to remember to please stay home if you are not feeling well. If you feel the need to test before visiting, we would be happy to assist and test you in the front lobby. We have been lucky so far this season, and I would like to keep the streak going.

Anyway, stay safe out there, and Happy Holidays from the Lodge family to yours!

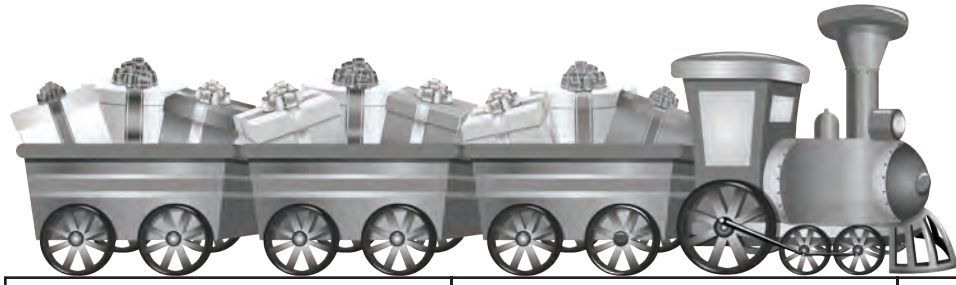
Brian Foreman, RN
Director of Nursing



*In Loving
Memory*

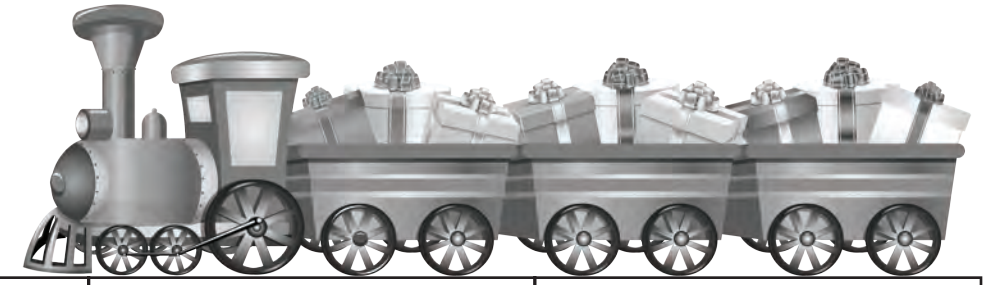
Carol O'Brien




Harold Havens



December 2022

The Lodge Nursing & Rehab Center Activities



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Communion offered every Monday by St. Margaret of York			1 10:00 Arts & Crafts 10:00 Ringtoss (Central) 10:30 Cornhole (East) 11:30 Wet Your Whistle 2:00 Snack Cart 2:00 Small Group 3:00 Bingo	2 10:00 Noodle Fun 11:30 Wet Your Whistle 2:00 Bingo 3:00 Snack Cart	3 10:00 Basketball 11:30 Wet Your Whistle 2:00 Bingo 3:00 Snack Cart
4 10:00 Hangman/ Crossword Puzzles 11:00 Faith Bible Church 11:30 Wet Your Whistle 2:00 Bingo 3:00 Snack Cart	5 10:00 Horseracing 10:30 Trivia 11:30 Wet Your Whistle 2:00 Snack Cart 3:00 Bingo	6 10:00 Beach Ball Toss 11:30 Wet Your Whistle 2:00 Snack Cart 3:00 Bingo	7 10:00 Joe's Jive 10:00 Tablebowling (East) 10:30 Skee-ball (Central) 11:30 Wet Your Whistle 1:30 Coco Visits 2:00 Snack Cart / Menus 3:00 Nails (Volunteer) 3:00 Men's Group	8 10:00 Baking 10:00 Ringtoss (Central) 10:30 Cornhole (East) 11:30 Wet Your Whistle 2:00 Snack Cart 2:00 Small Group 3:00 Bingo	9 10:00 Noodle Fun 11:30 Wet Your Whistle 2:00 Bingo 3:00 Snack Cart	10 10:00 Basketball 11:30 Wet Your Whistle 2:00 Bingo 3:00 Snack Cart
11 10:00 Hangman/ Crossword Puzzles 11:30 Wet Your Whistle 2:00 Bingo 3:00 Snack Cart	12 10:00 Resident Council 10:30 Trivia 11:30 Wet Your Whistle 2:00 Snack Cart 3:00 Bingo	13 10:00 Beach Ball Toss 11:30 Wet Your Whistle 2:00 Snack Cart 3:00 Bingo	14 10:00 Joe's Jive 10:00 Tablebowling (East) 10:30 Skee-ball (Central) 11:30 Wet Your Whistle 1:30 Coco Visits 2:00 Snack Cart / Menus 3:00 Nails (Volunteer) 3:00 Men's Group	15 10:00 Making Gingerbread House 10:00 Ringtoss (Central) 10:30 Cornhole (East) 11:30 Wet Your Whistle 2:00 Snack Cart 2:00 Small Group 3:00 Bingo	16 10:00 Noodle Fun 11:30 Wet Your Whistle 2:00 Bingo 3:00 Snack Cart	17 10:00 Basketball 11:30 Wet Your Whistle 2:00 Bingo 2:00 Movie: Polar Express 3:00 Snack Cart
18 10:00 Hangman/ Crossword Puzzles 11:00 Faith Bible Church 11:30 Wet Your Whistle 2:00 Bingo 3:00 Snack Cart	19 10:00 Horseracing 10:30 Trivia 11:30 Wet Your Whistle 2:00 Snack Cart 3:00 Bingo	20 10:00 Beach Ball Toss 11:30 Wet Your Whistle 2:00 Snack Cart 3:00 Bingo	21 WINTER BEGINS 10:00 Joe's Jive 10:00 Tablebowling (East) 10:30 Skee-ball (Central) 11:30 Wet Your Whistle 1:30 Coco Visits 2:00 Snack Cart / Menus 2:30 Bingo Bucks Sale 3:00 Nails (Volunteer) 3:00 Men's Group	22 10:00 Decorating Sugar Cookies 10:00 Ringtoss (Central) 10:30 Cornhole (East) 11:30 Wet Your Whistle 2:00 Snack Cart 2:00 Small Group 3:00 Bingo	23 10:00 Noodle Fun 11:30 Wet Your Whistle 2:00 Bingo 3:00 Snack Cart	24 CHRISTMAS EVE 10:00 Reading: Twas the Night Before Christmas 11:30 Wet Your Whistle 2:00 Movie: Elf 3:00 Snack Cart
25 CHRISTMAS 11:00 Passing out Christmas Surprise 1:00 Bingo 	26 10:00 Horseracing 10:30 Trivia 11:30 Wet Your Whistle 2:00 Snack Cart 3:00 Bingo	27 10:00 Beach Ball Toss 11:30 Wet Your Whistle 2:00 Snack Cart 3:00 Bingo	28 10:00 Joe's Jive 10:00 Tablebowling (East) 10:30 Skee-ball (Central) 11:30 Wet Your Whistle 1:30 Coco Visits 2:00 Snack Cart / Menus 3:00 Nails (Volunteer) 3:00 Men's Group	29 10:00 Arts & Crafts 10:00 Ringtoss (Central) 10:30 Cornhole (East) 11:30 Wet Your Whistle 2:00 Snack Cart 2:00 Small Group 3:00 Bingo	30 10:00 Noodle Fun 11:30 Wet Your Whistle 2:30 New Year's Eve Party 	31 NEW YEARS EVE 10:00 Basketball 11:30 Wet Your Whistle 2:00 Bingo 3:00 Snack Cart

* Mail Delivery offered throughout the day

ALL ACTIVITIES AND TIMES ARE SUBJECT TO CHANGE



Shelter Pointe

Santa Word Search

X U R S C T X B O J I W W I Y
S O W X H O Q T O C N F F I Q
L W K T I Y M T Q O A S F D Q
R F F B M S E Q A I U C Y Z B
V E K Y N S R S R H S O H L K
K Y I V E X L I U L G Q Q C C
T H C N Y U E E L U G I S K I
M D C E D S K E D X H E E Z N
J O L L Y E B U G C V E O L T
F U O J D H E H P L O D U R S
Z E U C G T D R E N K O W X Q
W F I I G Q J Z G E H W C M D
D X E L O Y P J H I W K X Z Y
N L N O R T H P O L E O S L Z
S T Y R V U D M Q A W K U Z A

Chimney	Rudolph
Elves	Sled
Fairies	Sleigh
Jolly	Sleigh Bells
North Pole	St. Nick
Reindeer	Toys



Shelter Pointe Daily Activities for December 2022

MONDAY

8:30 Breakfast
 9:00 Channel 9 News
 10:00 Beachball Toss/States and Capitals
 11:00 Wet Your Whistle/The Price Is Right (TV)/Pictures/Yarn Rolling
 12:30 Lunch
 2:00 Trivia Time/Fun Facts
 3:00 TV Time/Puzzles/Laundry/ Coloring
 3:30 Snack
 4:15 Magazines
 5:30 Dinner

TUESDAY

8:30 Breakfast
 9:00 Channel 9 News
 10:00 Exercise/Horseracing/Feely Meely/Small Group
 11:00 Wet Your Whistle/Pictures/Playdoh/The Price is Right (TV)
 12:30 Lunch
 2:00 Manicures/Movie
 3:00 TV Time/Puzzles/Laundry/ Coloring
 3:30 Snack
 4:15 Magazines
 5:30 Dinner

WEDNESDAY

8:30 Breakfast
 9:00 Channel 9 News
 10:00 Exercise/Noodle Fun/Reminiscent Corner
 11:00 Wet Your Whistle/Pictures/Word Searches/The Price is Right (TV)
 12:30 Lunch
 2:00 Bowling
 3:00 TV Time/Puzzles/Laundry/ Coloring
 3:30 Snack
 4:15 Magazines
 5:30 Dinner

THURSDAY

8:30 Breakfast
 9:00 Channel 9 News
 10:00 Exercise/Cornhole/Small Group
 11:00 Wet Your Whistle/Pictures/Flower Arranging/The Price is Right (TV)
 12:30 Lunch
 2:00 Reading
 3:00 TV Time/Puzzles/Laundry/ Coloring
 3:30 Snack
 4:15 Magazines
 5:30 Dinner

FRIDAY

8:30 Breakfast
 9:00 Channel 9 News
 10:00 Balloon Toss
 11:00 Wet Your Whistle/Pictures/The Price is Right (TV)
 12:30 Lunch
 2:00 Basketball
 3:00 TV Time/Puzzles/Laundry/ Coloring
 3:30 Snack
 4:15 Magazines
 5:30 Dinner

SATURDAY

8:30 Breakfast
 9:00 Channel 9 News
 10:00 Table Bowling
 11:00 Wet Your Whistle/Pictures/Snack
 12:30 Lunch

SUNDAY

8:30 Breakfast
 9:00 Channel 9 News
 10:00 Bible Study
 12:30 Lunch
 2:00 Pampering
 3:30 Snack

All activities and times are subject to change.

One-On-One visits are offered throughout the day.

December Birthdays



STAFF

Marian Jones	12/1
LaShanda Burson	12/5
Ali Hartman	12/9
Kimberlee Coulter	12/10
Taylor Cooper	12/11
Shelby Helton	12/13
Lisa Ault	12/14
Emily Field	12/14
Kathy Cox	12/15
Hayley Schmidt	12/15
Skylar Gambrell	12/18
Tasha Ramsey	12/18
Angie Dearing	12/23
Victoria Rice	12/24

RESIDENTS

Richard Shaver	12/2
Judy Sullivan	12/2
Jeffery Sanders	12/3
Theresa Cormier	12/22
Joan Irvin	12/22
Carole Rowe	12/24
Marie Miller	12/27

Shelter Pointe Resident's Birthdays

Dee Smith – 5th

William Grob – 25th

Esther Gardner – 26th



NURSING & REHAB CENTER

CARING PLACE HEALTHCARE GROUP

9370 Union Cemetery Road • Loveland, Ohio 45140
(513) 677-4900

The Lodge Nursing & Rehab Center Staff Directory

Administrator.....	Judy Tracey, RNC, LNHA
Corporate Director of Clinical Services	Santanna Rapp, RN
Director of Nursing.....	Brian Foreman, RN
Assistant Director of Nursing	Jennifer Wood, RN
Admission and Marketing Director	Stevie Landrum
Admission Coordinator.....	Jennifer Hamilton
Case Manager.....	Jayne Yamson, RN
Social Worker	Elizabeth Rudowski
Activities Director.....	Kim Lewis
Dietary Manager	Lisa Ault
Environmental Supervisor.....	Marc Hamilton
Maintenance Supervisor.....	David Stokes