





Western Hills Retirement Village Independent August 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	CALENDAR IS SUBJECT TO CHANGE			9:30 Exercise (A) 10:00 Coffee & Donuts (A) 2:00 Rosary (CH) 2:30 Cover All (L)	9:30 Exercise (A) 10:00 Wii Bowling (A) 2:00 Bingo (A) 3:15 Happy Hour (A)	9:30 Exercise (A) 2:00 Bingo (A)
10:30 Mass (A)  1:45 Movie (A)	9:30 Exercise (A) 10:00 Wii Bowling (A) 2:00 Bingo (A) 3:15 Happy Hour	9:30 Exercise (A) 10:00 Blood Pressure Check by Stay Well (L) 2:00 Baseball Trivia  Sponsored by Cinit Hall of Fame (A)	9:30 Exercise (A) 10:00 Wii Bowling (A) 10:30 Manicures (A) (file & polish only) 2:30 Stay Well Presents: Benefits of Vitamins (A) 	9:30 Exercise (A) 2:00 Rosary (CH) 2:30 Cover All (L) 	9:30 Exercise (A) 10:00 Wii Bowling (A) 2:00 Bingo (A) 3:15 Happy Hour (A)	9:30 Exercise (A) 2:00 Bingo (A)
10:30 Mass (A)  1:45 Movie (A)	9:30 Exercise (A) 10:00 Wii Bowling (A) 2:00 Bingo (A) 3:15 Happy Hour (A)	9:30 Exercise (A) 10:00 Blood Pressure Check By StayWell (L) 1:30 Movie and Popcorn (A)	9:30 Exercise (A) 10:00 Wii Bowling (A) 2:30 Museum Center Presents: Cincinnati Subways (A) 	9:30 Exercise (A) 10:00 Mimosa & Bagels 2:00 Rosary (CH) 2:30 Horse Racing with Sandra (L) 	9:30 Exercise (A) 10:00 Wii Bowling (A) 1:30 Bingo 3:00 Birthday Happy Hour (A) Music by John Simpson 	9:30 Exercise (A) 2:00 Bingo (A)
10:30 Mass (A) Sunday Bunch (DR) Residents Only  1:45 Movie (A)	9:30 Exercise (A) 10:00 Wii Bowling (A)  2:00 Bingo (A) 3:15 Happy Hour (A)	9:30 Exercise (A)  10:00 Blood Pressure Check by Stay Well – (L) 1:30 Movie and Popcorn (A) 3:30 Resident Council (A) 6:30 Evening Music Group Daven Roberson (A)	9:30 Exercise (A) 10:00 Wii Bowling (A) 10:30 Manicures (A) (file & polish only) 2:30 Crafts (A)	9:30 Exercise (A) 2:00 Rosary (CH) 2:30 Right Left Center (L)	9:30 Exercise (A) 10:00 Wii Bowling (A) NO BINGO 2:30 50's Gala (A) 	9:30 Exercise (A) 2:00 Bingo 
10:30 Mass (A) 2:00 Revie Church Bible Study (A)	9:30 Exercise (A) 10:00 Wii Bowling (A) 2:00 Bingo (A)  3:15 Happy Hour (A)	9:30 Exercise (A) 10:00 Blood Pressure Check by Stay Well (L) 2:00 Baseball Special Guest (A) (Marty Brennaman) Sponsored by Cinti Hall of Fame	9:30 Exercise (A) 10:00 Wii Bowling (A) 2:30 Creating with Stay Well (A) 	9:30 Exercise (A) 10:00 Coffee & Donuts (A)  2:00 Rosary (CH) 2:30 Cover All (L)	9:30 Exercise (A) 10:00 Wii Bowling (A) 2:00 Bingo (A) 3:15 Happy Hour (A)	9:30 Exercise (A) 2:00 Bingo (A)

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August 2024 Shelter Point



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Calendar Subject to Change			1 Morning Morning Stretches Ring Toss Afternoon Red White & Blue Floats Evening TV Games Shows	2 Morning Morning Stretches Reminiscing Bucket Afternoon Happy Hour Evening Hand Massages	3 Morning Morning Stretches Bingo Afternoon Movie & Snacks Evening Lawrence Welk
4 Morning Rosary/Hymns Afternoon Bingo Evening Hand Massages	5 Morning Morning Stretches Beauty Spot Afternoon Conversation Ball Bingo Evening TV Game Shows	6 Morning Morning Stretches Coffee Clutch Trivia Afternoon Craft Corner Evenings I Love Lucy	7 Morning Morning Stretches Sing—Long Afternoon 1:30 Ice Cream Trivia Evenings Golden Girls	8 Morning Morning Stretches Ring Toss Afternoon Cover All Evening TV Games Shows	9 Morning Morning Stretches Reminiscing Bucket Afternoon Happy Hour Evening Hand Massages	10 Morning Morning Stretches Bingo Afternoon Movie & Snacks Evening Lawrence Welk
11 Morning Rosary/Hymns Afternoon Bingo Evening Hand Massages	12 Morning Morning Stretches Beauty Spot Afternoon Conversation Ball Bingo After Dinner TV Game Shows	13 Morning Morning Stretches Coffee Clutch Craft Corner Afternoon Noodle Ball Evenings I Love Lucy	14 Morning Morning Stretches Sing—Long Afternoon Root Beer Floats Trivia Evenings Golden Girls	15 Morning Morning Stretches Ring Toss Afternoon Cover All Evening TV Games Shows	16 Morning Morning Stretches Reminiscing Bucket Afternoon Happy Hour Evening Hand Massages	17 Morning Morning Stretches Bingo Afternoon Evening Lawrence Welk
18 Morning Rosary/Hymns Afternoon Bingo Evening Hand Massages	19 Morning Morning Stretches Beauty Spot Afternoon Conversation Ball Bingo Evening TV Game Shows	20 Morning Morning Stretches Coffee Clutch Trivia Afternoon Noodle Ball Evenings I Love Lucy	21 Morning Morning Stretches Sing—Long Afternoon 1:30 Ice Cream Trivia Evenings Golden Girls	22 Morning Morning Stretches Ring Toss Afternoon Cover All Evening TV Games Shows	23 Morning Morning Stretches Reminiscing Bucket Afternoon Happy Hour Evening Hand Massages	24 Morning Morning Stretches Bingo Afternoon Movie and Snacks Evening Lawrence Welk
25 Morning Rosary/Hymns Afternoon Bingo Evening Hand Massages	26 Morning Morning Stretches Beauty Spot Afternoon Conversation Ball Bingo After Dinner TV Game Shows	27 Morning Morning Stretches Coffee Clutch Trivia Afternoon Noodle Ball Evenings I Love Lucy	28 Morning Morning Stretches Sing—Long Afternoon 1:30 Ice Cream Trivia Evenings Golden Girls	29 Morning Morning Stretches Ring Toss Afternoon Cover All Evening TV Games Shows	30 Morning Morning Stretches Reminiscing Bucket Afternoon Happy Hour Evening Hand Massages	31 Morning Morning Stretches Bingo Afternoon Movie and Snacks Evening Lawrence Welk



Activity supplies are on hand for our night owls and early risers to enjoy with night shift staff





August 2024

Shelter Point



Western Hills Retirement



Care Center August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>CALENDAR IS SUBJECT TO CHANGE</p>			<p>1</p> <p>10:30 Bingo 11:00 Heads Up Snack Cart 2:30 Trivia 3:30 Bingo NO EVENING BINGO</p>	<p>2</p> <p>10:30 Table Top Bowling Activity Cart 2:30 Happy Hour 3:30 Bingo</p>	<p>3</p> <p>Morning Activity Aide's choice Afternoon Snack Cart Sing-a-Long</p>
<p>4</p> <p>Morning Rosary Afternoon Snack Cart Hymns & Inspiring stories</p>	<p>5</p> <p>10:30 Communion in Rooms 11:00 Sensory Snack Cart 2:30 Sing-a-Long 3:30 Bingo</p>	<p>6</p> <p>10:30 Manicures (File & Polish Only) Snack Cart Afternoon Movie</p>	<p>7</p> <p>10:30 Mass 11:00 Hangman Snack Cart 2:30 Rock-in-Roll Chair Dancing w/ Kristin 3:30 Ice Cream Social /Reminiscing Bucket</p>	<p>8</p> <p>10:30 Coffee Clutch 11:00 Coloring Club Snack Cart 2:30 Museum Center presents: Cincinnati Chili 6:30 Bingo</p>	<p>9</p> <p>10:30 Cover All Activity Cart 2:30 Happy Hour + 3:30 Trivia 2:00 Bill Tonnis</p>	<p>10</p> <p>Morning Activity Aide's Choice Snack Cart Afternoon Sing-a-Longs</p>
<p>11</p> <p>Morning Rosary Afternoon Snack Cart Hymns & Inspiring Stories</p>	<p>12</p> <p>10:30 Communion in Rooms 11:00 Sensory Snack Cart 2:30 Name that Tune 3:30 Bingo</p>	<p>13</p> <p>10:30 Resident Council 11:00 Trivia Snack Cart Afternoon Movie</p>	<p>14</p> <p>10:30 Mass 11:00 Hangman Snack Cart 2:30 Roc -in Roll Chair Dancing w/ Kristin 3:30 Ice Cream Social / Reminiscing Bucket</p>	<p>15</p> <p>10:30 Coffee Clutch 11:00 Heads Up Snack Cart 2:30 Trivia 3:30 Bingo 6:30 Bingo </p>	<p>16</p> <p>10:30 Table Top Bowling Activity Cart 2:30 Happy Hour 3:30 Patio Time (Weather Permitting) Finish Lines</p>	<p>17</p> <p>Morning Activity Aide's choice Snack Cart Afternoon Sing-a-Long</p>
<p>18</p> <p>Morning Rosary Afternoon Snack Cart Hymns & Inspiring Stories </p>	<p>19</p> <p>10:30 Communion in Rooms 11:00 Name That Tune Snack Cart 2:30 Noodle Ball 3:30 Bingo </p>	<p>20</p> <p>10:30 Card Shark Snack Cart Afternoon Movie </p>	<p>21</p> <p>10:30 Mass 11:00 Hangman Snack Cart 2:30 Rock-in Roll chair Dancing w/ Kristin 3:30 Ice Cream Social/Reminiscing Bucket</p>	<p>22</p> <p>10:30 Coffee Clutch 11:00 Coloring Club Snack Cart 2:30 50's Gala</p>	<p>23</p> <p>10:30 Cover All Snack Cart 2:30 Happy Hour 3:30 Patio Time (Weather Permitting) Trivia</p>	<p>24</p> <p>Morning Activity Aide's choice Snack Cart Afternoon Sing-a-Long</p>
<p>25</p> <p>Morning Rosary Afternoon Snack Cart Hymns & Inspiring Stories</p>	<p>26</p> <p>10:30 Communion in Rooms 11:00 Crafts Snack Cart 2:30 Noodle Ball 3:30 Bingo</p>	<p>27</p> <p>10:30 Manicures (File & Polish Only) Snack Cart Afternoon Movie</p>	<p>28</p> <p>10:30 Mass 11:00 Hangman Snack Cart 2:30 Rock-n-Roll Chair Dancing w/ Kristin 3:30 Ice Cream Social / Twenty One</p>	<p>29</p> <p>10:30 Coffee Clutch 11:00 Heads Up Snack Cart 2:30 Trivia 3:30 Bingo 6:30 Bingo</p>	<p>30</p> <p>10:30 Table Top Bowling Activity Cart 2:30 Happy Hour 3:30 Patio Time (Weather Permitting) Finish Lines</p>	<p>31</p> <p>Morning Activity Aide's choice Snack Cart Afternoon Sing-a-Long</p>

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